

Request for a Trial of Labor After Cesarean Delivery (TOLAC)* Consent Form

*Staff: Use this form at regional hospitals when a patient meets selection criteria for TOLAC.
See "Policy for trial of labor and vaginal birth after a previous cesarean."*

You must initial each statement to show you understand.

Patient Initials

___ I have had one or more cesarean section deliveries. I am choosing to have labor and deliver by vaginal birth, rather than choosing a repeat cesarean section birth.

___ This hospital does not offer the highest level of services for vaginal deliveries for women who have had cesarean section deliveries with other pregnancies.

___ About 60–80% of women who try to deliver vaginally after a cesarean section will deliver vaginally.

___ The benefits of a vaginal birth with no complications include:

- Less blood loss
- Less post-delivery complications
- Shorter recovery/healing time

___ The risk of a rupture of the uterus during labor is about 1% (or 1 in 100) vaginal deliveries. This is with an incision in my uterus from the cesarean section before.

___ Labor poses a higher risk of harm to my baby than to me. If there is a rupture in my uterus, my baby may suffer brain damage or death, if not immediately delivered by emergency cesarean section.

___ If my uterus ruptures during labor, I understand there may not be enough time to operate and prevent death or permanent brain injury to my baby.

___ The risk of death or permanent brain damage to my baby, when the uterus ruptures, is uncertain. But, has been reported to be generally less than 1% (or 1 in 100) uterine ruptures.

___ The risks of harm to me if my uterus ruptures include:

- Hysterectomy (loss of the uterus)
- Blood transfusion
- Infection
- Injury to internal organs (bowel, bladder, and ureter)
- Blood clotting problems
- Death (which is rare)

___ My doctor does not recommend I be transferred during labor to a hospital that offers the highest level of services for vaginal deliveries. This is because the risk of transfer outweighs the benefits.

___ During my labor, the use of oxytocin (Pitocin), a hormone to make my uterus contract, may be necessary to help my vaginal delivery. This may cause:

- Long contractions
- Increased pain during contractions
- An increase in the possibility of uterine rupture
- Abnormal position of the baby
- Fetal distress, which will increase the need for an emergency cesarean section.

___ If I choose to labor, but then need an emergency cesarean section during labor, I have a greater risk of problems than if I had an elective repeat cesarean section delivery.

By signing below, I confirm I have reviewed this information. I have talked with my doctor, and have had all my questions answered.

Consent for Emergency Treatment

By signing this form, I give my consent to all appropriate treatment in the event of a uterine rupture or other complications including:

- Emergency cesarean section delivery
- Hysterectomy
- Blood transfusion for me and/or my baby
- Emergency resuscitation

